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Physical Activity Policy

Policy Reference:	P1
Created by:	Mrs June Burford (PACE Co-ordinator)
Responsibility:	Curriculum Committee
Reviewed by:	Mrs Kate Fuller
This Review:	March 2010
Next Review Due:	March 2012
Cycle:	Bi-annual
Ratified by Full Governing Body on:	March 15 th 2010
Signed:	

Mr Clive Norris

Chairman of Governors

Physical Activity Policy

The school sets out to develop a strong school identity and collective responsibility towards the school community and in this policy sets out ways in which Physical Activity will be taught, performed and appreciated throughout the school.

It is in line with our principal school aims for children to be fulfilled in their junior school stage of development by providing a curriculum rich in relevant experiences and activities; in helping children to be individuals who feel recognised and valued for themselves; to have self-esteem and a belief in themselves, yet very aware of the part they play within the school as a whole.

Aims of Physical Activity

Aims: To encourage and foster physical activity opportunities for all.

To increase the activity levels of the whole school through the provision of a supportive environment conducive to the promotion of physical activity for all.

Objectives

To provide opportunities for physical activities, before, during and after school.

To liaise with North East Hampshire School Sport Partnership in order to provide additional resources, funding and instruction.

To encourage role models within the school community.

To provide relevant in service training opportunities for all those leading physical activity sessions.

To provide children access to equipment available for pupils to use at lunchtimes and break times.

To ensure safe and effective exercise procedures including warm ups and cool downs

All children to participate in a broad range of extra curricular activities that promote physical activity

Statement of Entitlement and Equal Opportunities

All pupils in Guillemont Junior School, including those with physical needs, are entitled to a comprehensive programme of physical activity which fulfils the statutory National Curriculum requirements and takes into account their individual needs and interests.

Guillemont Junior School consults with children and parents about physical activities during school council meetings and surveys in order to provide a range of activities that meets their needs

Guillemont Junior School provides safe and stimulating areas within the school grounds

Staffing Levels and Responsibilities

The PE Co-ordinator is responsible for coordinating physical activity and sporting events throughout the school. The Coordinator also organises inter-school activities. Guillemont Junior School is part of the North East Hampshire School Sport Partnership which is linked to Wavell Secondary School.

Guillemont Junior School – Governors' Policy Document

Extra curricula activity includes clubs run at the school for karate, gymnastics, football, netball, rugby, tennis, cycling proficiency and dance. The clubs are run by school staff and / or qualified providers. Lunchtime staff are responsible organising and supervising outdoor play including "Huff and Puff", basketball, the adventure playground and play activities.

Curriculum Programme

The curriculum incorporates at least two and a half hours of structured physical activity each week to all its pupils. This includes gymnastics, dance, athletics, orienteering, problem solving and games. This is arranged over four days each week. The focus changes each half term to ensure that children receive a variety of physical activity.

Schemes of work are in place to ensure that key objectives, related to health-related activity, from the National Curriculum are covered.

Cross curricular links are made throughout the year referencing healthy living e.g. pulse rate investigations, healthy snack bars, healthy living mini-topics and PACE.

Parents and carers are given the opportunity to work with their children in Walk to School Week, Sponsored Walk, Sport's Day and Fitness Focus. We provide cycle proficiency training and operate a cycle-to-school permit scheme.

Current Provisions (School and Extra-Curricula)

Netball Tournament
Football Tournament
Kwik Cricket Tournament
Rounders Tournament
Netball Club
Gym Club
Karate Club
Tennis Club
Sports Day
Supersports
Sponsored Walk
Tag rugby club
Walk to School Week
Huff and Puff
Cycling Proficiency
Dance
Adventure Playground
Athletics

Out-of-hours learning programme

The school has Huff and Puff, football, dance and other energetic activities at lunchtimes and cycling proficiency, gymnastics, tennis, karate, netball and tag rugby after school. These clubs are offered to all Junior School children. These are run by external agencies or school staff.

Resource Provision

The PE Co-ordinator and Head Teacher are responsible for the purchase of all resources. GJS has links with the North East Hampshire School Sport Partnership who provide training and funding for extra physical activity. The school takes part in the Sainsbury's and Tesco Sports for School saving schemes.