

21st October 2022

Dear Parents and Carers

Healthy Living Day – Wednesday 2nd November 2022

In order to launch our new topic for after the half term break, we will be holding a Healthy Living experience day on **Wednesday 2nd November 2022**. For this, we ask that the children come to school in gym clothing or their school PE Kit. Football shirts are not appropriate for this activity.

The children will be participating in a number of activities, including dance, yoga and mindfulness, to help them begin to understand and answer the project question: What does being healthy really mean?

There will be no changes to the timings of the school day or to the arrangements for lunch. In addition, please be aware that your child may also require a coat or jumper for playtimes if their outfit is not warm enough.

We greatly appreciate your support with this request to help bring learning to life.

Yours sincerely



Miss Thomas



Ms Keep



Miss Tooley



Miss King

Year 3 Team