

8th November 2022

Dear Parents and Carers

In order to support our project, 'What does it really mean to be healthy?' we have set some homework to be completed this half term. Please see the page overleaf for further details of the task and how to upload to Google Classrooms.

The homework is due to be completed by Monday 12th December 2022.

Yours sincerely,



Miss Thomas



Ms Keep



Miss Tooley



Miss King

Year 3 Team

What Does It Really Mean To Be Healthy?



Homework Challenge

Over the next half term, see how many of these challenges you can complete. You can record your adventures in a diary or scrapbook, you could take photographs or you could draw pictures of each one. You can record this on google classrooms.

- ☐ Share a book with the family
- ☐ Talk to somebody you haven't spoken to in ages
 - ☐ Run a mile
 - ☐ Go for a long walk
- ☐ Play a board game with friends or family
 - ☐ Have a screen-free day
- ☐ Eat a fruit or vegetable you have never tried
- ☐ Prepare a healthy meal for the family (with their permission)
 - ☐ Go to the park
 - ☐ Read a poem
 - ☐ Colour a picture
 - ☐ Go on a bike ride
- ☐ Dance around your living room
- ☐ Make your own musical instrument

Please complete by Monday 12th December 2022.

How To Upload To Google Classrooms:

1. Go onto Google Classrooms
2. You can find your log in details in your Home-Link Books
3. If you are not already added to the Year 3 group, you can use this code to join:
3devhpg
4. Upload your photos, drawings or diary entries to the assignment 'Healthy Living Diaries'