Suggested Kit List

Think about how long the residential is, what will (s)he put wet clothes in, what will the weather be like? Please don't pack electrical items or sweets.

ESSENTIAL:

- Large rucksack (or alternative bag/ suitcase)
- Small rucksack for daytime away from the centre (must fit a pair of shoes, full change of clothes, towel, lunch and water bottle)
- Tracksuit/ hard-wearing trousers suitable for outdoor activities (not jeans)
- T-shirts (one per day)
- Warm jumpers/ fleece (two minimum)
- Waterproof jacket and trousers
- Warm socks and underwear
- Footwear (two pairs suitable for outdoor activities) & one pair suitable footwear for water-based activities (e.g old trainers - NO crocs or neoprene beach shoes)
- Swimwear
- Towel(s)
- Wash bag including toothbrush, toothpaste and face wipes
- Water bottle (minimum 500ml)
- Good torch with fresh batteries
- Alcohol hand gel
- Any medication (asthma inhalers, allergy tablets etc.)
- Bin liner for wet/ dirty kit for end of the trip
- Sun cream
- Sun hat
- Weather dependent items (below)

WEATHER DEPENDENT:

- Wellington boots
- Warm hat and gloves

OPTIONAL:

- Souvenir/ tuck shop pocket money (maximum £10.00)

Cumulus Outdoor Events Ltd T/A Cumulus Outdoors Cumulus Outdoors Residential Centre Cobblers Lane Swanage Dorset BH19 2PX **01929 422480** | **www.cumulusoutdoors.com** | **info@cumulusoutdoors.com**

Suggested Kit List

We do stress that it is not necessary to go out and buy all new and expensive kit to come to our centre. So long as you have appropriate footwear and some warm clothes you will be fine, but just to be sure we have outlined the key items of kit.

And please make sure all kit is clearly labelled, this will save time and effort at the end of the trip! Thank you.

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