



Head of School at Pinewood: Mrs C. Burleigh
Pinewood Infant School, Pinewood Park, Farnborough,
Hampshire, GU14 9LE,
Telephone: 01252 511885

Head of School at Guillemont: Ms K.Llewellyn
Guillemont Junior School, Sandy Lane, Farnborough,
Hampshire, GU14 9ES,
Telephone: 01252 666846

"Two Schools, One Family, One Vision"

Friday 24th January 2025

Dear Parents and Carers,

Children's Mental Health Week is taking place from 3rd - 7th February. The focus of the week will be on the five aspects of mental wellbeing:

- Connect with others
- Be active
- Take notice (mindfulness)
- Learn and create
- Give to others

We will launch the week on Monday 3rd with an assembly for the children to introduce the aspect on 'giving to others'.

Also, as part of this important week on **Friday 7 February 2025** we are holding a ...

Wear Your SCARF Day!

On this special day, we celebrate our SCARF values that promote children's health and wellbeing. Wear Your SCARF Day invites everyone to wear a scarf as a symbol of support for children's wellbeing.

What does your scarf mean?

S - SAFETY

Some scarves are warm and comforting, helping to keep someone snug and safe in very cold weather.

C - CARING

Some scarves might have been a present from a special person, they'll help make someone feel cared for. Wearing a scarf as part of religious faith can also help someone to feel cared for.

A - ACHIEVEMENT

Making your own scarf can be a rewarding achievement that showcases your creativity and knitting/crocheting skills.

R - RESILIENCE

Some scarves represent clubs, like sports teams, and are waved in celebration when a goal is scored - what an **achievement!** They also remind us that we can support our teams through tough times, showing resilience and bouncing back from defeat or disappointment.

F - FRIENDSHIP

Some scarves might be gifts from friends, making them even more special.

We look forward to seeing all the wonderful scarves for those who wish to take part. It is not compulsory so please do not go and buy one specially.

Warmest regards

Paul Shakespeare
Executive Headteacher